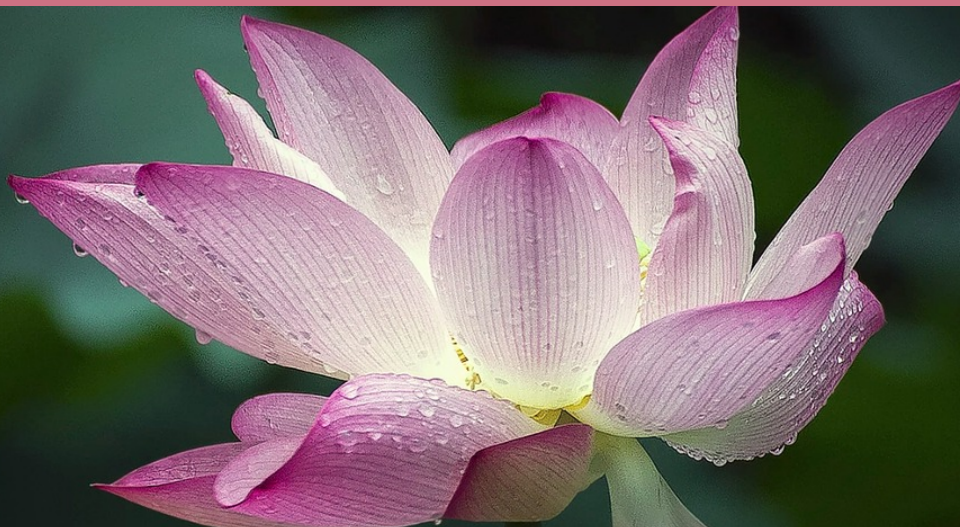


Transformation



Julia Seymour



My flagship programme where we work intensively for 6 months to completely overhaul your life, behaviours and dreams. We overcome limiting beliefs, problems and barriers and upgrade your behaviours so that you operate at a whole new level. From here your connections and relationships transform as you gain more fulfilment in all areas of your life. From here you can discover who you really are and what you are capable of. Turn your whole family dynamic around to be co-operative, relaxed and joyful. This is also the perfect programme for any major project that you want to complete, e.g. to get a business idea up and running, to launch a global online event or to get your life's work out into the world.

What is included?

- 14 x 1-hour coaching sessions conducted by phone or Zoom or Skype
- Email support between sessions
- FREE access to my online resources (payable for those not on a coaching package)
- Free VIP access to my groups and training courses
- Recommendations for home study resources (if applicable)
- Personal vibrational medicine blends (if applicable)
- Mindset, beliefs and resilience techniques and training (as applicable)
- Free follow up session (to be booked within 6 weeks of completion)

This programme is completely customised to your specific needs and requirements, subsequently it may not contain all of the elements above or may contain additional options, that better fit your goal and desired outcome.

Cost - £2495

Flexible payment options available

“Wow, I wish I'd realised years ago how valuable coaching is. Talk about taking big leaps forward, this has been such a worthwhile investment. I can't believe how much further I have got with my business. Thank you so much!”